



ACTON WALKWAYS

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THE AUSTRALIAN NATIONAL UNIVERSITY

left of centre, right by the lake
NEWACTON

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Officially launching early in 2010, Acton Walkways will promote the many layers of the artistic, historic, social and scenic Acton Precinct. To celebrate ANU Staff Wellbeing Week (November 23 – 27, 2009) we are offering a sneak preview of what's to come.

Join us for a selection of FREE guided walks exploring sculpture, heritage, local stories and more...

To find out more about Acton Walkways visit
www.actonwalkways.com

Or contact us:
info@actonwalkways.com
0437 301 390

Monday 23rd November

1. 5:30 – 6:30pm Guided Walk through Acton:

Enjoy the natural scenery and gain insights into sculptures, heritage and history.

Start: Old Canberra House (Lennox Crossing, ANU)

End: University House. Join us for drinks at Fellows Bar and Café (short walk back to Old Canberra House)

Tuesday 24th November

2. 8:00 – 8:40am Rise and Shine:

Early morning brisk walk around West Basin, Lake Burley Griffin

Start: Urbanfood Store & Café

(Corner of Marcus Clarke St. and Edinburgh Ave.)

End: Urbanfood Store & Café

Wednesday 25th November

3. 10:00am – 2:00pm:

ANU Staff Wellbeing Exhibition:

Visit the Acton Walkways booth to hear about our upcoming website, brochures, maps and events, and to find out how you can get involved.

Location: Sports and Recreation Association's Old Sports Hall (Building 19, North Road, ANU)

4. 5:30 – 6:30pm Acton Landscape and Human History:

Walk and talk through Canberra's early historic landscape with Dr Peter Dowling, Heritage Officer, National Trust (ACT) and geologist Robert Abell.

Start: Mr Spokes Bike Hire (Barrine Drive, Acton)

End: Mr Spokes Bike Hire

Thursday 26th November

5. 5:30 – 7:00pm Capturing Acton on Camera:

A guided walk through Acton's natural, historical and artistic features, with tips on finding and taking the perfect picture. Led by Digital Photography expert Brad Cummings. Bring your camera - all levels and cameras welcome!

Start: Old Canberra House (Lennox Crossing, ANU)

End: Old Canberra House

Friday 27th November

6. 8:30 – 10.30 am Landscapes of Central Canberra – a Geological Introduction:

Led by Dr. Doug Finlayson, Geological Society of Australia (ACT Division) in conjunction with Gondwana Dreaming P/L. ACT.

Start: Regatta Point, National Capital Exhibition Entrance, (Commonwealth Park)

End: National Museum, Acton Peninsula (timing includes return to Regatta Point)

7. 12:00 – 1:00pm National Film and Sound Archive Garden Tour:

Behind the scenes on the work of the NFSA landscape gardeners, their sustainability efforts, hidden fruits and sculpture creation!

Start: National Film and Sound Archive Entrance Foyer (McCoy Circuit, Acton)

End: National Film and Sound Archive Studio Cafe

8. 5:30 – 6.30 pm Guided Walk through Acton:

Enjoy the natural scenery and gain insights into sculptures, heritage and history.

Start: The Street Theatre (Corner of Childers Street & University Avenue)

End: Parlour Wine Room, NewActon. Join us for drinks (short walk back to the Street Theatre)

Saturday 28th November

9. 8:00 – 9:30am Capturing Acton on Camera:

A guided walk through Acton's natural, historical and artistic features, with tips on finding and taking the perfect picture. Led by Digital Photography expert Brad Cummings. Bring your camera - all levels and cameras welcome!

Start: University House Reception Foyer (1 Balmain Crescent, ANU)

End: New Acton. Join us for coffee or brunch

Sunday 29th November

10. 8:00am – 10:30am Waterways Walk:

Enjoy the scenery of the West Basin Lake Burley Griffin, and Sullivan's Creek, ANU. Finish with brunch at the Botanic Gardens. Return trip, including brunch 2 ½ hours.

Start: Urbanfood Store & Café (Corner of Marcus Clarke St. and Edinburgh Ave.)

End: Australian National Botanic Gardens. Phone bookings required by 5pm Saturday the 28th to reserve your seat for brunch. Please call the tour organiser on 0437 301 390

To ensure we leave on time, please arrive at the meeting point 5 minutes prior to the advertised start time. We strongly advise you to wear covered walking shoes, and bring a hat, sunscreen, sunglasses and water. In addition to plenty of fresh air and scenic views, there will be some low level 'bush terrain' and inclines, requiring moderate levels of fitness. For all enquiries, or to confirm tours in the case of bad weather, contact the tour organiser Ph: 0437 301 390